

# PROMISE PARTY HOW-TO!

Interested in hosting a promise party, but unsure how to get started? Here are a few tips to get you started:

1. **Pick a day and time and invite your family and friends.** Maybe you are already involved with a local organization or grassroots network that cares about mothers and kids. Great! Make this part of your chapter meetings. Not already involved in a group? No problem. Just think of family and friends who share your passion for saving the lives of mothers and children around the world and invite them to join you.
2. **Host your party.** And really make it a party! Snacks and refreshments will fuel your creativity.
3. **Watch the video.** Then discuss and check out resources on the Learn page for more information. You can also visit the video partner organizations sites—the Bill & Melinda Gates Foundation, PATH, Save the Children Action Network, and World Vision—to learn more.
4. **Make a promise.** You can decide on a group commitment or individual ones. Here are just a few suggestions, but we encourage you to be creative and remember, big or small, your promise will make a difference!
  - a. Write a letter to the editor of your local newspaper about the importance of US government efforts in maternal and child survival.
  - b. Send photos of special moms or children in your life to your Member of Congress and ask them to help.
  - c. Schedule a meeting in the local office of your Member of Congress, to take the ask directly to them.
  - d. Host a fundraiser for a nonprofit saving lives around the world.
  - e. Get your kids involved! Take them to visit their Member of Congress, help write letters, or raise money. It's a great chance to teach them about helping others.
5. **Share your promise party.** Please make sure to tell us about your promise party via the contact form on the Take Action page, so we can monitor and help amplify your efforts. Don't forget to take photos and share them on social media too. Use #ToKeepaPromise, and tag your Member of Congress too!